

# **CLUBS & PLAYSCHEMES**

## FOR THE DISABLED/ SPECIAL NEEDS

Southampton has a number of clubs and schemes aimed at young people, some of which are specifically for those with physical or learning disabilities. They can be a great place to chill out, socialise and try new activities.

⇒ For more general information on youth clubs and schemes, visit the *Southampton Children & Young People's Trust* website:



www.youngsouthampton.org/youngpeople/thingstodo/youthclubs

Other sections in this directory to find clubs include: Libraries, Sports, Outdoor Adventure Playgrounds, Activity Centres, Children's Centres, Specialist Centres, Music and Sensory

- Colours Youth Centre Saturday Club
- 2. Eastleigh Fundays Group
- 3. Enable Ability
- 4. Fair Play Juniors & Teen Clubs
- 5. Friday Night Social Club
- 6. Friday Youth Club

- Genesis Special Needs YouthClub
- 8. KIDS South East
- National Autistic SocietySouth Hants
- 10. The Rose Road Association
- 11. Scarf New Forest
- 12. Solent Youth Action



## 1. Colours Youth Centre Saturday Club

- ⇒ An open access youth club for young people aged 7-30 years old (or younger if a parent or carer stays) with special needs
- ⇒ There are a range of activities on offer such as sport, crafts and games and it's a great opportunity to socialise
- ⇒ There is also an optional set activity every session
- ⇒ Also sessions in all school holidays 9.30am-1.30pm
- ⇒ Family sessions: Thursdays 6pm-8pm

Saturdays 10am-3pm

£5 per child per whole session OR £1 per hour for part session











Colours Youth Club, Long Lane, Holbury, Hampshire, SO45 2PA



07403 344 470



debbie@parent-link.co.uk



www.parent-link.co.uk/clubs/



### 2. Eastleigh Fundays Group

- ⇒ Open access drop-in sessions for under 5's and their parents or carers
- ⇒ Sessions are in Eastleigh and surrounding areas, and cater for all abilities
- ⇒ Activities include: messy play, soft play, picnics, songs, trips out, sports etc. (see website for activity list)
- ⇒ See website for the exact dates and venues

10am-2pm see website for dates

Free of charge



Access and parking are dependent on the specific location, contact in advance for details





www.eastleighfundaysgroup.org.uk



#### 3. **Enable Ability**

- Summer playscheme: for children aged 5-18 who require high levels of supervision due to severe physical or learning difficulties and/or autism
- PALS (Partnership for Active Learning): Enables young people with physical disabilities aged 6-21 to have a social life without parents/ carers
- Activities include: soft play areas, archery, swimming, bowling, cinema trips, meals  $\Rightarrow$ out, wheelchair basketball, ice-skating, other sports, arts and crafts, movie nights, horse riding, and Saturday clubs all of which aim to build independence
- Teenage Project Hampshire: free sessions for young people from Havant, Fareham  $\Rightarrow$ and Gosport areas aged 13-21 with physical disabilities or mild-moderate learning difficulties, providing a variety of recreational and sporting activities and trips in school holidays. (110 Springwood community Centre, Waterlooville, PO7 8BJ)



331-313 Copnor Road, Portsmouth, PO3 5EG



02392 671 846



enquiries@enableability.org.uk



www.enableability.org.uk



working with disabled people



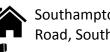




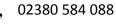
This is a charitable organisation which relies upon donations

#### Fair play Juniors & Teen Clubs 4.

- An opportunity for children with learning disabilities aged  $\Rightarrow$ 5-18 to come and play, and give parents/carers a short break from their responsibilities
- Activities include art and craft, cooking, sand and water play, parachute games, books, puzzles, jigsaws, toys, board games, computer games, gardening, dressing up, preparing drinks and snacks, outdoor sports activities and outings
- Juniors: Starting 14<sup>th</sup> June 2014 for ages 5-11 years  $\Rightarrow$
- Teens: Starting 14<sup>th</sup> June 2014 for ages 11-18 years  $\Rightarrow$



Southampton Mencap, 187a Portswood Road, Southampton, SO17 2NF





admin@southamptonmencap.co.uk



www.southamptonmencap.org

#### **Juniors**

**Alternate Saturdays** 9.30am-1.30pm

£6 per session



Alternate Saturdays 2.30pm-6.30pm

£6 per session









#### 5. Friday Night Social Club

- Part of Mencap the Friday night social club is for people with learning disabilities over the age of 14
- It fosters mutual support, friendship, laughter and a variety of activities
- There are places to sit and chat, do puzzles and crafts, and games such as pool and table football are available



Anders Hall, Jubilee Park (off Milton Road), Waterlooville, Hampshire, PO7 6AW



02392 787 302 (General Enquiries, Pail Read) or 02392 250 229 (Friday Night Club, Sue Knight)





www.havant-district-mencap-club.co.uk/Friday-club

#### **Friday Youth Club** 6.

- Part of Southampton Mencap, the Youth Club is for children aged 11-18 with learning disabilities
- An opportunity to socialise with other young people and take park in fun activities such as karaoke, darts, music, cooking and games



Southampton Mencap, 187a Portswood Road, Southampton, SO17 2NF



02380 584 088



admin@southamptonmencap.co.uk



www.southamptonmencap.org

#### **Genesis Special Needs Youth Club** 7.

- Youth club for those aged 11 upwards
- Activities include: a Wii, table tennis, karaoke, computer games, arts and crafts, trips out and a Christmas disco



Genesis Centre, Centre Way, Locksheath, Southampton, SO31 6DX



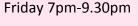
01489 600 830



glofish@ntlworld.com



www.genspec.co.uk



£3 per session





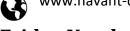








Info@havant-district-mencap-club.co.uk or paulread1954@hotmail.co.uk



**Term Time** Fridays 6.30pm-8.30pm

£3 per session









Fridays 7pm-9pm

£2 per session







### 8. KIDS South East

- ⇒ KIDS South East aim to supports disabled children and their families while helping children and young people have fun and realise their aspirations
- Services include: short breaks, an overnight respite unit, playschemes, after-school and Saturday fun clubs, a nursery and pre-school, the young carers project, parent and peer support programme
- ⇒ Contact for prices as service costs vary









KIDS Family Centre, Salterns Lane, Fareham, Hampshire, PO16 OQS



01329 312 312



southeast@KIDS.org.uk



www.KIDS.org.uk





## 9. National Autistic Society -South Hampshire Branch

⇒ Parent-led groups which aim to be a source of support for parents, children and families. They run fun sessions for children and young people, including trips out



- ⇒ Family Youth Clubs: games, toys and crafts available, first
  Saturday of each month, 3.30pm -5.30pm in Chandlers Ford,
  £1.50 donation
- ⇒ Parent Support Groups: third Monday of each month, 7.30pm-9.30pm in Bishopstoke, £1 donation for refreshments
- ⇒ Children's Social Groups: second and fourth Tuesday of each month, 6.30pm in Woolston
- ⇒ Adults/Older Teenagers Social Groups: first and third Tuesday of each month,
  7pm in Woolston



Various Locations



aspsg.shants@gmail.com



www.shantsnas.org.uk

Access and parking are dependent on the specific location, contact in advance for details



### 10. The Rose Road Association

- ⇒ Fun activities to encourage creativity and develop confidence
- ⇒ Activities range from arts & crafts to sport and swimming, soft play, sensory experiences and cooking
- ⇒ See website for timetables, more information and to book
- ⇒ Activity prices vary, contact for details



The Bradbury Centre, 300 Aldermoor Road, Southampton, SO16 5NA



02380 721 234



playschemes@roseroad.org.uk



www.roseroad.org.uk

### 11. Scarf New Forest

- ⇒ Scarf is a charity based in the New Forest which organises regular social and holiday events for children (up to the age of 19) with special needs and their families
- ⇒ They organise activities for people with a wide range of disabilities (such as cerebral palsy, autism and Down's Syndrome) and aim for the whole family to have fun
- ⇒ Regular youth clubs, drama clubs, Saturday morning multisports club, SIBS clubs for siblings











£20 annual membership which gives you subsidised trip prices







Various Locations



07874 221 249



admin@scarfnewforest.org



www.scarfnewforest.org

### 12. Solent Youth Action

- ⇒ Supported youth clubs for young people with additional needs, providing 10-19 year olds with an opportunity to enjoy a social life and engage in a range of exciting activities
- ⇒ Activities include: bowling, cooking, arts and crafts
- ⇒ *SLAMS:* every fortnight on Tuesdays, 6.30pm -8.30pm, during term time
- ⇒ J's: Saturdays 11am-1pm
- ⇒ Holiday programmes run in the school holidays
- ⇒ Activity costs vary, contact for details

Access and parking are dependent on the specific location, contact in advance for details











Various Locations



07874 221 249



admin@scarfnewforest.org



www.scarfnewforest.org