

CLUBS & PLAYSCHEMES

FOR THE DISABLED/ SPECIAL NEEDS

Southampton has a number of clubs and schemes aimed at young people, some of which are specifically for those with physical or learning disabilities. They can be a great place to chill out, socialise and try new activities.

⇒ For more general information on youth clubs and schemes, visit the *Southampton Children & Young People's Trust* website:

 www.youngsouthampton.org/youngpeople/thingstodo/youthclubs

Other sections in this directory to find clubs include:

Libraries, Sports, Outdoor Adventure Playgrounds, Activity Centres, Children's Centres, Specialist Centres, Music and Sensory





1. Colours Youth Centre Saturday Club
2. Eastleigh Fundays Group
3. Enable Ability
4. Fair Play Juniors & Teen Clubs
5. Friday Night Social Club
6. Friday Youth Club
7. Genesis Special Needs Youth Club
8. KIDS South East
9. National Autistic Society South Hants
10. The Rose Road Association
11. Scarf New Forest
12. Solent Youth Action

1. Colours Youth Centre Saturday Club

- ⇒ An open access youth club for young people aged 7-30 years old (or younger if a parent or carer stays) with special needs
- ⇒ There are a range of activities on offer such as sport, crafts and games and it's a great opportunity to socialise
- ⇒ There is also an optional set activity every session
- ⇒ Also sessions in all school holidays 9.30am-1.30pm
- ⇒ *Family sessions: Thursdays 6pm-8pm*

Saturdays 10am-3pm
 £5 per child per whole session
 OR £1 per hour for part session 




 Colours Youth Club, Long Lane, Holbury,
 Hampshire, SO45 2PA
 07403 344 470
 debbie@parent-link.co.uk
 www.parent-link.co.uk/clubs/







2. Eastleigh Fundays Group

- ⇒ Open access drop-in sessions for under 5's and their parents or carers
- ⇒ Sessions are in Eastleigh and surrounding areas, and cater for all abilities
- ⇒ Activities include: messy play, soft play, picnics, songs, trips out, sports etc. (see website for activity list)
- ⇒ See website for the exact dates and venues

10am-2pm see website for dates
 Free of charge 

Access and parking are dependent on the specific location, contact in advance for details

 Various Locations
 02380 697 281
 linda@eastleighfundaysgroup.org.uk
 www.eastleighfundaysgroup.org.uk



3. Enable Ability

- ⇒ *Summer playscheme*: for children aged 5-18 who require high levels of supervision due to severe physical or learning difficulties and/ or autism
- ⇒ *PALS (Partnership for Active Learning)*: Enables young people with physical disabilities aged 6-21 to have a social life without parents/ carers
- ⇒ Activities include: soft play areas, archery, swimming, bowling, cinema trips, meals out, wheelchair basketball, ice-skating, other sports, arts and crafts, movie nights, horse riding, and Saturday clubs all of which aim to build independence
- ⇒ *Teenage Project Hampshire*: free sessions for young people from Havant, Fareham and Gosport areas aged 13-21 with physical disabilities or mild-moderate learning difficulties, providing a variety of recreational and sporting activities and trips in school holidays. (110 Springwood community Centre, Waterlooville, PO7 8BJ)

 331-313 Copnor Road,
Portsmouth, PO3 5EG
 02392 671 846
 enquiries@enableability.org.uk
 www.enableability.org.uk



This is a charitable organisation which relies upon donations

4. Fair play Juniors & Teen Clubs

- ⇒ An opportunity for children with learning disabilities aged 5-18 to come and play, and give parents/carers a short break from their responsibilities
- ⇒ Activities include art and craft, cooking, sand and water play, parachute games, books, puzzles, jigsaws, toys, board games, computer games, gardening, dressing up, preparing drinks and snacks, outdoor sports activities and outings
- ⇒ *Juniors*: Starting 14th June 2014 for ages 5-11 years
- ⇒ *Teens*: Starting 14th June 2014 for ages 11-18 years

Juniors

Alternate Saturdays
9.30am-1.30pm

£6 per session 

Teens

Alternate Saturdays
2.30pm-6.30pm

£6 per session 

 Southampton Mencap, 187a Portswood
Road, Southampton, SO17 2NF
 02380 584 088
 admin@southamptonmencap.co.uk
 www.southamptonmencap.org



5. Friday Night Social Club

- ⇒ Part of Mencap the Friday night social club is for people with learning disabilities over the age of 14
- ⇒ It fosters mutual support, friendship, laughter and a variety of activities
- ⇒ There are places to sit and chat, do puzzles and crafts, and games such as pool and table football are available



Anders Hall, Jubilee Park (off Milton Road),
Waterlooville, Hampshire, PO7 6AW



02392 787 302 (General Enquiries, Pail Read) or 02392 250 229 (Friday Night Club, Sue Knight)



Info@havant-district-mencap-club.co.uk or paulread1954@hotmail.co.uk



www.havant-district-mencap-club.co.uk/Friday-club

Friday 7pm-9.30pm

£3 per session



6. Friday Youth Club

- ⇒ Part of Southampton Mencap, the Youth Club is for children aged 11-18 with learning disabilities
- ⇒ An opportunity to socialise with other young people and take part in fun activities such as karaoke, darts, music, cooking and games



Southampton Mencap, 187a Portswood
Road, Southampton, SO17 2NF



02380 584 088



admin@southamptonmencap.co.uk



www.southamptonmencap.org

Term Time

Fridays 6.30pm-8.30pm

£3 per session



7. Genesis Special Needs Youth Club

- ⇒ Youth club for those aged 11 upwards
- ⇒ Activities include: a Wii, table tennis, karaoke, computer games, arts and crafts, trips out and a Christmas disco



Genesis Centre, Centre Way, Locksheath,
Southampton, SO31 6DX



01489 600 830



glofish@ntlworld.com



www.genspec.co.uk



Fridays 7pm-9pm

£2 per session



8. KIDS South East

- ⇒ KIDS South East aim to supports disabled children and their families while helping children and young people have fun and realise their aspirations
- ⇒ Services include: short breaks, an overnight respite unit, playschemes, after-school and Saturday fun clubs, a nursery and pre-school, the young carers project, parent and peer support programme
- ⇒ Contact for prices as service costs vary



 KIDS Family Centre, Salterns Lane,
Fareham, Hampshire, PO16 0QS

 01329 312 312

 southeast@KIDS.org.uk

 www.KIDS.org.uk



9. National Autistic Society -South Hampshire Branch

- ⇒ Parent-led groups which aim to be a source of support for parents, children and families. They run fun sessions for children and young people, including trips out
- ⇒ *Family Youth Clubs:* games, toys and crafts available, first Saturday of each month, 3.30pm -5.30pm in Chandlers Ford, £1.50 donation
- ⇒ *Parent Support Groups:* third Monday of each month, 7.30pm-9.30pm in Bishopstoke, £1 donation for refreshments
- ⇒ *Children's Social Groups:* second and fourth Tuesday of each month, 6.30pm in Woolston
- ⇒ *Adults/Older Teenagers Social Groups:* first and third Tuesday of each month, 7pm in Woolston



 Various Locations

 aspsg.shants@gmail.com

 www.shantsnas.org.uk

Access and parking are dependent on the specific location, contact in advance for details

10. The Rose Road Association

- ⇒ Fun activities to encourage creativity and develop confidence
- ⇒ Activities range from arts & crafts to sport and swimming, soft play, sensory experiences and cooking
- ⇒ See website for timetables, more information and to book
- ⇒ Activity prices vary, contact for details



The Bradbury Centre, 300 Aldermoor Road, Southampton, SO16 5NA



02380 721 234



playschemes@roseroad.org.uk



www.roseroad.org.uk



11. Scarf New Forest

- ⇒ Scarf is a charity based in the New Forest which organises regular social and holiday events for children (up to the age of 19) with special needs and their families
- ⇒ They organise activities for people with a wide range of disabilities (such as cerebral palsy, autism and Down's Syndrome) and aim for the whole family to have fun
- ⇒ Regular youth clubs, drama clubs, Saturday morning multi-sports club, SIBS clubs for siblings



Various Locations




07874 221 249



admin@scarfnewforest.org



www.scarfnewforest.org

£20 annual membership which gives you subsidised trip prices 



Access and parking are dependent on the specific location, contact in advance for details

12. Solent Youth Action

- ⇒ Supported youth clubs for young people with additional needs, providing 10-19 year olds with an opportunity to enjoy a social life and engage in a range of exciting activities
- ⇒ Activities include: bowling, cooking, arts and crafts
- ⇒ SLAMS: every fortnight on Tuesdays, 6.30pm -8.30pm, during term time
- ⇒ J's: Saturdays 11am-1pm
- ⇒ Holiday programmes run in the school holidays
- ⇒ Activity costs vary, contact for details



Various Locations



07874 221 249



admin@scarfnewforest.org



www.scarfnewforest.org